प्रेषक,

डॉ. फहमीदा जैदी संयोजक अध्ययन परिषद मनोविज्ञान वीर बहादुर सिंह पूर्वांचल विश्वविद्यालय जौनपुर। दिनांकः 24/05/2021

सेवा में,

कुलसचिव (शैक्षणिक) वीर बहादुर सिंह पूर्वांचल विश्वविद्यालय

विषयः अध्ययन परिषद (मनोविज्ञान) की बैठक में लिये गये पाठ्यक्रम संशोधन सम्बन्धी निर्णय के सम्बन्ध में। महोदय.

आपको अवगत कराना है कि, राष्ट्रीय शिक्षा नीति – 2020 के तहत स्नातक मनोविज्ञान हेतु शासन द्वारा प्रस्तावित न्यूनतम समान पाठ्यक्रम में आवश्यक संशोधन/परिवर्तन के सम्बन्ध में दिनांकः 22/05/2021 को सायं 5 बजे अध्ययन परिषद, मनोविज्ञान की आनलाईन बैठक गूगल मीट (http://meet.google.com/pmf-ddxm-uqg) के माध्यम से सम्पन्न हुई। बैठक में पाठ्यक्रम के सभी पक्षों पर गहन विचार विमर्श के पश्चात सर्वसम्मति से बी. ए. /बी. एस-सी. मनोविज्ञान समस्त सेमेस्टर के पाठ्यक्रमों में आंशिक संशोधन/परिवर्तन किया गया तथा संशोधित पाठ्यक्रम को सन्न – 2021–22 से बी. ए./बी. एस–सी. प्रथम सेमेस्टर/वर्ष में लागू करने की संस्तुती की गई। बैठक में यह भी निर्णय लिया गया कि, संशोधित / परिवर्तित पाठ्यक्रम के सन्न 2021—22 में व्यवहारिक रूप से लागू होने के पश्चात विद्यार्थियो के हित तथा आवश्यकतानुसार आगामी सव्र/सव्रों में शासन के दिशानिर्देशों को ध्यान में रखतें हुए पाठ्यक्रम में आवश्यक परिवर्तन किये जायेंगे।

आनलाईन बैठक में निम्नलिखित विषय विशेषज्ञ / सदस्य उपस्थित रहें:–

- संयोजक

1. डॉ फहमीदा जैदी

2. प्रो. ए. के. श्रीवास्तव - वाह्य विशेषज्ञ

3. प्रो. ए. के. जायसवाल — वाह्य विशेषज्ञ

4. डॉ माया सिंह

- पी. जी. सदस्य

5. डॉ राजेन्द्र प्रसाद गुप्ता - पी. जी. सदस्य

6. श्री योगेश चन्द्र

- पी. जी. सदस्य

7. डॉ सरिता रानी

– यू. जी. सदस्य

8. डॉ रामनगीना सिंह यादव - यू. जी. सदस्य



संयोजक अध्ययन परिषद, मनोविज्ञान

# संलग्नक

- संशोधित / परिवर्तित पठ्यक्रम
   विषय विशेषज्ञों / सदस्यों के सहमति पत्न
   बैठक का सूचना पत्न
   आनलाईन बैठक के साक्ष्य

# VEER BAHADUR SINGH PURVANCHAL UNIVERSITY, JAUNPUR

Modified Common Minimum Syllabus Under NEP 2020 For Undergraduate Psychology Programme (Modification done by BOS Psychology on 22/05/2021)

# Semester-wise Titles of the Papers in B.A./B. Sc.

| Year      | Sem. | Course<br>Code | Paper Title                                    | Theory/Practical | Credits |
|-----------|------|----------------|--|------------------|---------|
| B.A<br>1  | I    | A090101T       | Basic Psychological Processes                  | Theory           | 4 -     |
|           | I    | A090102P       | Lab Work                                       | Practical        | 2       |
|           | II   | A090201T       | Basic Research Methodology and<br>Statistics   | Theory           | 4       |
|           | II   | A090202P       | Lab Work/ Psychological Testing                | Practical        | 2       |
| B.A.<br>2 | III  | A090301T       | Psychology of Social Behavior                  | Theory           | 4       |
|           | III  | A090302P       | Lab Work and Measurement of<br>Social Behavior | Practical        | 2       |
|           | IV   | A090401T       | Abnormal Psychology                            | Theory           | 4       |
|           | IV   | A090402P       | Assessment/Testing                             | Practical        | 2       |
| B.A.<br>3 | V    | A090501T       | Life Span Human Development                    | Theory           | 4       |
|           | V    | A090502T       | Positive Psychology                            | Theory           | 4       |
|           | V    | A090503P       | Lab Work/Survey/<br>Field Visit                | -                | 4       |
|           | V    | A090504R       | Research Project                               | Project          | 3       |
|           | VI   | A090601T       | Community and Health Psychology                |                  | 4       |
|           | VI   | A090602T       | Counseling Psychology                          | and a            | 4       |
|           | VI   | A090603P       | Survey/Field Visit/Project Work                | Practical        |         |
|           | VI   | A090604R       | Research Project                               |                  | 3       |

# <u>Undergraduate Psychology Program</u> <u>Semester-wise Course Curricula</u>

Subject prerequisites: Open to all.

4

# Program Outcome (After 3 Years)

The learning outcomes that a student should be able to exhibit on completion of a degree level program in Psychology are as follows:

- (i) Comprehension about the discipline, its research methods, related theories and models.
- (ii) Knack to link up theory with individual experiences and varied applied settings.
- (iii) Capacity to practice professional skills in the area of psychological testing, assessment and counseling.
- (iv) Development of skills in specific areas related to specific specialization (e.g. psychodiagnostics, counseling, learning disability, health, community mental health and organizational behavior).
- (v) A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind.
- (vi) Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting.
- (vii) Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues
- (viii) Development of skills and attributes of empathy, team work, coordination, cooperation, conflict resolution, and congruence.

# Semester I

# Paper 1

Theory

| Progr             | ram/Class: Certificate   | Year: First   | Seme   | ster: First       |
|-------------------|--|---|--|-------------------|
|                   |  | Subject: Psychology   |  |                   |
|                   | Course Code: A090101T  | Course Title:   | Basic Psycholo   | gical Processes   |
| concept<br>own an | e Outcome: The students will<br>ts, models, classical theories<br>and in others lives. It will als<br>ence, motivation, emotion as   | s, varied perspectives, and w   | rill be able to anderstanding of   | pply them in thei |
|                   | egarding these individualistic   |   | p critical allary  | icai              |
|                   | Credits: 4   |   | Core Compulso  | ry                |
|                   | Max. Marks: 25+75  | Min.  | Passing Marks:   | 10+25             |
| 1                 | Total No. of Lectures-T  | utorials-Practical (in hours per  | week): L-T-P: 4-   | -0-0              |
| Unit              |  | Topics  |  | No. of Lectures   |
| I                 | Psychology: Meaning, Na<br>Psychodynamic, Behavior   | ture, Scope and Applications istic and Gestalt.                                   | ; Approaches:  | 8                 |
| П                 | Types; Perceptual Proce  | ning, Nature, Determin<br>sses: Meaning, Nature<br>Organization; Perceptual Illus | and  | 7                 |
| Ш                 | Learning: Classical Condi<br>Learning: Methods and Pro   | tioning, Operant Conditionin<br>ocedures.   | ng and Verbal  | 8                 |
| IV                | Memory and Forgetting: Stages of Memory: Encoding, Storage and Retrieval; Types of Memory: Sensory, Short Term and Long Term Memory (Basic Introduction); Forgetting: Interference and Cue-Dependent Forgetting. |   | d Long Term  | 8                 |
| V                 |  | efinition; Concept of IQ; Th<br>of Basic Concepts): Spearm                        | ALL STREET, ST | 8                 |

| VI   | Personality: Definition and Determinants; Jung's Classification of Personality; Approach of Personality (BasicConcepts): Trait Approach (Allport); Psychodynamic (Freud), Humanistic (Rogers). | 8 |
|------|--|---|
| VII  | Motivation: Nature and Concept (Needs, Drives, Instincts); Types of Motives: Biological and Social Motives, Need Hierarchy Theory (Basic Concept)  | 7 |
| VIII | Emotion: Meaning and Nature of Emotion; Classification of Emotion. Theories of Emotion: James-Lange, Cannon-Bard, Lazarus.   | 6 |

- 1. Baron, R. & Misra, G. (2016). Psychology (5th edition). New Delhi: Pearson.
- Ciccarelli, S. K., White, N.J., & Misra, G. (2017). Psychology (5th ed., South Asian Edition). New Delhi: Pearson Education.
- Cornelissen, M., Mishra, G. & Verma, S. (2014). Foundations of Indian Psychology. New Delhi: Pearson Education.
- 4. De Silva, P. (2005). An introduction to Buddhist psychology. Springer.
- Galotti, K.M. (2014). Cognitive Psychology: In and Out of the Laboratory (5th ed.). New Delhi: Sage.
- 6. Feldman, R. S. (2006). Understanding Psychology. India: Tata McGraw Hill.
- Mishra, G. (Edited) (2019). Personality in Indigenous Tradition. In ICSSR Research Surveys & explorations Psychology (Vol.2): Individual and the Social Processes & Issues. New Delhi: Oxford University Press.
- 8. Morgan, C.T., King, R.A., Weiss, R.A., & Schopler, J. (2004). *Introduction to Psychology* (7th ed.). New York: McGraw Hill.
- Suhotra (2007). Vedantic Psychology: India's ancient vision of the Mind. The Bhaktivedanta Academy.
- Swami Akhilanand (2001 edition). Hindu Psychology: It's meaning for the West. Taylor & Francis.

- Zimbardo, P.C. & Weber, A.L. (1997). Psychology. New York: Harper Collins College Publishers.
- 12. सिंह, अरूण कुमार (2006). उच्चतर सामान्य मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास प्रकाशन।
- 13. विपाठी, लाल बचन एवं अन्य. (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा; हरप्रसाद भार्गव।
- 14. श्रीवास्तव, डी०. एन०., (२००८). व्यक्तित्व का मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
- 15. सिंह, आर0 एन0 एवं भारद्वाज, एस0. एस0. (2017). मूल मनोवैज्ञानिक प्रक्रियाएं। आगरा; अग्रवाल पब्लिकेशन।
- 16. श्रीवास्तव, रामजी. (2008). आधुनिक सामान्य मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास।
- 17. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>

http://www.apa.org

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites:10+2 in any discipline

Suggested equivalent online courses:

- Coursera
- Swayam

### Paper 2

#### Practical

| Program/Class: Certificate  | Year: First         | Semester: First      |
|---|---------------------|----------------------|
|   | Subject: Psychology |                      |
| Course Code: A090102  | P Co                | urse Title: Lab Work |
|   |                     |                      |
| Course Outcome: Students will<br>psychological experiments ensuri-<br>the report. |                     |                      |

| Max. Marks: 25+75 | Min. Passing Marks: 10+25 |
|-------------------|---------------------------|
|                   |                           |

|      | P: 0-0-2  |                |  |  |  |
|------|---|----------------|--|--|--|
| Unit | Topics  | No. of Lecture |  |  |  |
| I    | Any one experiment based on Attention/Perceptual Processes                                | 8 (16 hrs)     |  |  |  |
| П    | Any one experiment/test on Classical Conditioning/Operant<br>Conditioning/Verbal Learning | 8 (16 hrs)     |  |  |  |
| Ш    | Any one experiment on Memory/Forgetting   | 7 (14 hrs)     |  |  |  |
| IV   | Any one experiment/test on motivational/emotional processes                               | 7 (14 hrs)     |  |  |  |

- 1. व्रिपाठी, लाल बचन एवं अन्य. (2001). आधुनिक प्रायोगिक मनोविज्ञान। आगरा; हरप्रसाद भार्गव।
- 2. सिंह, आर० एन० एवं भारद्वाज, एस०. एस०. (2015). उच्च प्रायोगिक मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
- 3. सिंह, आर० एन० एवं भारद्वाज, एस०. एस०. (२०१०). मनोवैज्ञानिक प्रयोग एवं परीक्षण खण्ड प्रथम एवं द्वितीय। आगरा; अग्रवाल पब्लिकेशन।
- 2. Suggestive digital platforms web links-<a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>
  This course can be opted by the students who has opted psychology as a subject.

Suggested Continuous Evaluation Methods:

- Presentation of practical file (15marks)
- Attendance (10 marks)

Course prerequisites: Only for those who took psychology as a subject

# Semester II

#### Paper 1

# Theory

| Program/Class: Certificate | Year: First         | Semester: Second |
|----------------------------|---------------------|------------------|
|                            | Subject: Psychology |                  |

| Course Code: A090201T | Course Title:  | Basic | Research | Methodology |
|-----------------------|----------------|-------|----------|-------------|
|                       | and Statistics |       |          |             |

**Course Outcome**: The learners will be able to comprehend psychological data and can put them on appropriate scaling method. Moreover, they will be getting hold of essentials of psychological testing along with various kinds of tests implemented.

|      | Credits: 4   | Core Compulso                                    | ory            |  |
|------|--|--|----------------|--|
|      | Max. Marks: 25+75  | Min. Passing Marks:                              |                |  |
|      | Total No. of Lectures-Tutorials-Prac   | tical (in hours per week): L-T-P: 4              | -0-0           |  |
| Unit | Topics   |  | No. of Lecture |  |
| I    | Measurement: Meaning and N<br>Measurement; Levels of Measurement   |  | 6              |  |
| П    | Psychological Research: Meaning and Research Methods: Experimental, Cornobservational; Basic Concepts and type Variable, Hypothesis; Sampling: Concepts Methods. | relational, and ses of Research Problem, ept and | 8              |  |
| Ш    | Psychological Statistics Introduction Parametric Statistics (Basic Concepts), Tendency (Mean, Median, Mode), Median, AD).  | 8  |                |  |
| IV   | Frequency Distribution (Basic Concept<br>Data: Frequency Polygon, Histogram a<br>Distribution: Meaning and Nature.   |  | 8              |  |
| V    | Correlation: Meaning; Product Moment<br>Chi- Square tests and t test. Interpretation<br>significance.  | 7  |                |  |
| VI   | Tests: Concept and Types; Psychon<br>Validity and Reliability: Nature and Ty   | 7  |                |  |
| VII  | Intelligence Testing: Measurement of Wechsler Test of Intelligence.  | abilities: Stanford Binet, and                   | 8              |  |
| VIII | Personality Tests: Self Report Inventional Projective Techniques: TAT and Rorsel   |  | 8              |  |

- 1. Anastasi, A. (1950). Psychological Testing. Prentice Hall.
- Cronbach, L.J. (1960) (2nd Edition). Essentials of Psychological Testing. New York: Harper.
- Freeman, F.S. (1962) (3rd Edition). Theory and practice of psychological testing. New York: Holt, Rinehart & Winston.
  - Garrett, H. E. (1966). Statistics in Psychology and Education. Paragon International Publishers.
- Gregory, R.J. (2014) (6th Edition). Psychological Testing: History, Principles and Applications. New Delhi: Pearson India Education.
- Guilford, J.P. (1936). Psychometric Methods. London: McGraw Hill Publishing Company.
- Kerlinger, F.N. (1983). Foundations of Behavioral Research. New Delhi: Surject Publications.
- 8. लाल. जे. एन. (1999). मनोविज्ञान एवं शिक्षा में सांख्यिकी। नीलकमल प्रकाशन गोरखपुर।
- 9. मीश्रा, बब्बन एवं व्रिपाठी, लाल बचन (1994). मनोवैज्ञानिक सांख्यिकी। हर प्रसाद भार्गव आगरा।
- Singh, A.K. (2006). Tests, Measurement and Research Methods in Behavioral Sciences.
   Patna: Bharti Bhavan.
- 1 1 . श्रीवास्तव, डी० एन०., एवं वर्मा, पी०. (2012). मनोविज्ञान शिक्षा एवं अन्य सामाजिक विज्ञानो में सांख्यिकी। आगरा; विनोद पुस्तक मन्दिर।
- 12. श्रीवास्तव, रामजी एवं अन्य. (2003). मनोविज्ञान, शिक्षा तथा समाजशास्त्र मे सांख्यिकी विधियां। वाराणसी, मोतीलाल बनारसीदास।
- 13. सिंह, आर0. एन0. एवं माटिया, टी0. (2018). आधुनिक सांख्यिकीय विधियां। आगरा; अग्रवाल पब्लिकेशन।
- 14. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>

# Paper 2

|                            | Practical               |  |
|----------------------------|-------------------------|--|
| Program/Class: Certificate | Year: First             | Semester: Second                         |
|                            | Subject: Psychology     |  |
| Course Code: A090202P      | Course                  | e Title: Lab Work/ Psychological Testing |
|                            | nological experiments e | skills to carry out experiments in lab   |
| Credits: 2                 |                         | Core Compulsory                          |
| Max. Marks: 25+75          |                         | Min. Passing Marks: 10+25                |

| Unit | Topics   | No. of Lectures |
|------|--|-----------------|
| I    | Plan, conduct and report an experiment using experimental method                               | 8 (16 hrs)      |
| П    | Ascertain the Reliability of any psychological test using any method of Reliability and report | 7 (14 hrs)      |
| Ш    | Administer any one Self-Report Inventory on a subject, score and report                        | 7 (14 hrs)      |
| IV   | Administer any one Intelligence Test on a subject/subjects, score and report                   | 8 (16 hrs)      |

- 1- व्रिपाठी, लाल बचन एवं अन्य (2001). अधुनिक प्रायोगिक मनाविज्ञान। आगरा; हर प्रसाद भार्गव।
- 2- Suggestive digital platforms web links- $\underline{\text{http://heecontent.upsdc.gov.in/Home.aspx}}$ ,  $\underline{\text{www.psytoolkit.org}}$

This course can be opted by the students who took psychology as a subject.

Suggested Continuous Evaluation Methods:

- Presentation of Practical file (15 Marks)
- Attendance (10 marks)

Course prerequisites: Only for those who took Psychology as a subject

# Semester III

# Paper 1

# Theory

| Program/Class: Diploma | Year: Second        | Semester: Three              |
|------------------------|---------------------|------------------------------|
|                        | Subject: Psychology |                              |
| Course Code: A090301T  | Course Title: Ps    | sychology of Social Behavior |

Course Outcome: By the end of the course, students will be able to summarize general information, through in-class discussion and assignments, pertaining to social psychological theories and an opportunity to apply social psychological theories to their lives. Critically evaluate research to understand and explain distressing human social behavior and relate social psychological concepts and theories to the context of historic and current world, national, and local events.

|      | Credits: 4   | Core Compulso  | ory             |
|------|--|--|-----------------|
|      | Max. Marks: 25+75  | Min. Passing Marks   | : 10+25         |
|      | Total No. of Lectures-Tutorials-Practic  | al (in hours per week): L-T-P: 4   | -0-0            |
| Unit | Topics   |  | No. of Lectures |
| I    | Social Psychology: Meaning, Nature, a Studying Social Behavior.  | and Scope; Methods of  | 8               |
| , II | Person Perception: Concept, Determinant  | ts of Impression Formation.  | 7               |
| Ш    | Socialization: Agencies and Mechanisms.<br>Causality: Harold Kelly and Bernard Wei                                 |  | 7               |
| IV   | Attitude: Meaning and Nature, Formation and Measurement.  Interpersonal Attraction: Concept and Determinants.      |  | 8               |
| V    | Aggression: Concept, Theories: Bio<br>Ethological), Frustration-Aggression Hyp<br>Theory of Aggression.            | the contract of the contract o | 8               |
| VI   | Pro-social Behavior: Meaning and Nature. Determinants: Personal, Situational and Socio-cultural. Bystander Effect. |  | 7               |
| VII  | Social Influence Processes: Conformity and Compliance.  Intergroup Relations: Prejudice and Discrimination.        |  | 7               |
| VIII | Group Dynamics: Structure, Function an<br>Group Influence Processes: Social Facili<br>De-individuation.            |  | 8               |

- 1- Baron, R.A. & Branscombe, N.R. (2012). Social Psychology (13<sup>th</sup> ed.) New Delhi: Pearson.
- 2- Baron, R.A., Byrne, D. & Bhardwaj, G. (2010). Social Psychology (12<sup>th</sup>ed). New Delhi: Pearson.
- 3- Baumeister, R.F. & Bushman, B.J. (2013). Social Psychology and Human Nature. (3<sup>rd</sup>ed.). Wadsworth Pub. Co.
- 4- सिंह, अरूण कुमार. (2001). सामाजिक मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास।
- 5- Taylor, S.E., Paplau, L.A., & Sears, D.O. (2006). Social Psychology (12<sup>th</sup>ed). New Delhi: Pearson Publications.
- 6- व्रिपाठी, लाल बचन एवं सहयोगी. (2001). आधुनिक सामाजिक मनोविज्ञान। आगरा; हरप्रसाद भार्गव।
- 7- श्रीवास्तव, रामजी. एवं अन्य (2008). आधुनिक सामाजिक मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास।
- 8- सिंह, आर0 एन0 एवं भारद्वाज, एस0. एस0. (2017). सामाजिक मनोविज्ञान की भूमिका। आगरा; अग्रवाल पब्लिकेशन।
- 9- सिंह, आर0 एन0. (2011). आधुनिक सामाजिक मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
- 10-Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>

http://www.apa.org

http://www.yale.edu

This course can be opted as an elective: Open to all

# Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- · Coursera,
- Swayam

# Paper 2 Practical

|  |   | - John  | ester: Third  |
|--|---|---|---|
|  | Subject: Psychology   |   |   |
| Course Code: A090302P  | course Title.   |   | Measurement o   |
| ogical experiment for under  | rstanding social behavior as  |   |   |
| Credits: 2   |   | Core Compulso   | ory   |
| Max. Marks: 25+75  | Min   | . Passing Marks   | : 10+25   |
| Total No. of Lectures-T  | Tutorials-Practical (in hours pe  | r week): L-T-P: 0   | -0-2  |
|  | Topics  |   | No. of Lectures   |
| Measurement of Attitude/   | Interpersonal Attraction  |   | 7 (14 hrs)  |
| Measurement of Helping F   | Behavior/ Prejudice   |   | 7 (14 hrs)  |
| Any one experiment/test on Attribution/Aggression/Impression Formation |   | 8 (16 hrs)  |   |
| Any one Experiment/test of Compliance                                  | on Social Facilitation/ Confe   | ormity/   | 8 (16 hrs)  |
| ed Readings:   |   |   |   |
| Suggestive digital platfor   |   |   | in/Home.aspx  |
| rse can be anted by the atual  |   |   |   |
| se can be opted by the stud  | ents who took Psychology a  | as a subject.   |   |
| d Continuous Evaluation M  | lethods:  |   |   |
| resentation of Practical file  | (15 Marks);   |   |   |
| ttendance (10 marks)   |   |   |   |
|  | Outcome: Students will be original experiment for under ments and scientific reportion. Credits: 2  Max. Marks: 25+75  Total No. of Lectures-Total No. of | Course Code: A090302P  Course Title: Social Behavi  Outcome: Students will be exposed to the mixture of original experiment for understanding social behavior as ments and scientific reporting of the data.  Credits: 2  Max. Marks: 25+75  Min  Total No. of Lectures-Tutorials-Practical (in hours peropics)  Measurement of Attitude/ Interpersonal Attraction  Measurement of Helping Behavior/ Prejudice  Any one experiment/test on Attribution/Aggress Formation  Any one Experiment/test on Social Facilitation/ Confection Compliance  and Readings:  Suggestive digital platforms web links- http://heecowww.psytoolk  rise can be opted by the students who took Psychology and Continuous Evaluation Methods:  resentation of Practical file (15 Marks); | Course Code: A090302P  Course Title: Lab Work and Social Behavior  Outcome: Students will be exposed to the mixture of skills such as original experiment for understanding social behavior as well as psychoments and scientific reporting of the data.  Credits: 2  Core Compulso Max. Marks: 25+75  Min. Passing Marks  Total No. of Lectures-Tutorials-Practical (in hours per week): L-T-P: 0  Topics  Measurement of Attitude/ Interpersonal Attraction  Measurement of Helping Behavior/ Prejudice  Any one experiment/test on Attribution/Aggression/Impression  Formation  Any one Experiment/test on Social Facilitation/ Conformity/  Compliance  od Readings:  Suggestive digital platforms web links-  http://heccontent.upsdc.gov.  www.psytoolkit.org  rese can be opted by the students who took Psychology as a subject.  d Continuous Evaluation Methods: resentation of Practical file (15 Marks); |

# Semester IV

Paper 1
Theory
Year: Second

| Prog   | ram/Class: Diploma   |  | : Second   | 6                             | ester: Four  |
|--|--|--|--|-------------------------------|--|
| 8  | January Diproma  | Tear   | . Second   | Sem                           | ester: rour  |
|  |  | Subject:   | Psychology   |                               |  |
|  | Course Code: A09040  | T  | Course Title: A  | bnormal Psyc                  | hology   |
| behavio<br>classific<br>individu<br>disorder | or and behavior of other<br>cation system and DSM<br>and diversity and various<br>rs. Summarize clinical feat<br>tic categories of mental he<br>Credits: 4 | ers. By appl<br>categories, the<br>approaches<br>tures of symp | ying the knowledge the learners' will to the diagnosis oftoms, etiology and s. | develop the s                 | ssment, diagnosis<br>sensitivity towards<br>t of psychologica<br>liable treatment of |
|  | Max. Marks: 25+75  |  |  | Passing Marks                 |  |
|  | Total No. of Lectures  |  |  | week): L-T-P: 4               | -0-0   |
| Unit   |  | Topics   |  |                               | No. of Lectures  |
| I  | Abnormal Psychology:<br>Classification of Abnorm   |  |  |                               | 6  |
| II   | Anxiety Disorders: Clin<br>Anxiety Disorder (GAD<br>Compulsive Disorder (O   | ), Phobia, P   |  |                               | 8  |
| Ш  | Somatic and Dissociative<br>Picture and Etiology of F<br>dysmorphic disorders; I<br>Etiology of Amnesia, Fu<br>Depersonalization Disord                    | Hypochondria<br>Dissociative I<br>gue, Dissocia                | sis, Pain Disorde<br>Disorders: Clinica  | rs and Body<br>al Picture and | 8  |
| IV   | Mood Disorders: Unipole<br>Manic Depressive Disord   |  |  |                               | 8  |
| V  | Schizophrenia: Types, C  |  |  | 10.74                         | 7  |

| VI   | Learning Disabilities: Reading and Speech Disorder   | 7 |
|------|--|---|
| VII  | Substance Related Disorder: Substance Abuse and Dependence; Alcohol, Nicotine, Marijuana, Sedatives and Stimulants: Etiology.                        | 8 |
| VIII | Neurodevelopmental Disorders: Clinical Picture and Etiology of<br>Autism Spectrum Disorders (ASD), Intellectual Disability or Mental<br>Retardation. | 8 |

- Barlow D. H. & Durand V. M, & Stewart, S. H. (2009). Abnormal Psychology. New Delhi: Cengage Learning.
- Bennett, P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press.
- 3. Brewer, K. (2001). Clinical Psychology. Oxford: Heinemann Educational Publishers
- Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). Abnormal Psychology. New Delhi: Pearson.
- 5. Kearney, C. A. & Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi: Cengage learning
- 6. श्रीवास्तव, रामजी. (2019). मनोविकृति विज्ञान। वाराणसी; मोतीलाल बनारसीदास।
- 7. सिंह, आर0. एन0. एवं अन्य (२००८). आधुनिक असामान्य मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
- 8. सिंह, आर0. एन0. एवं अन्य (2013). मनोविकृति के आधार। आगरा; अग्रवाल पब्लिकेशन।
- 9. जायसवाल, ए० कें0. (२०२०). आधुनिक मनोविकृति विज्ञान। आगरा; विनोद पुस्तक मन्दिर।
- 10. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>

http://www.apa.org www.nimh.nih.gov

This course can be opted as an elective: Open to all

#### Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

# Suggested equivalent online courses:

- · Coursera;
- Swayam

# Paper 2 Practical

| Prog          | gram/Class: Diploma   | Year: Second   | Semest                                  | er: Four        |
|---------------|---|--|---|-----------------|
|               |   | Subject: Psychology  |   |                 |
|               | Course Code: A090402  | P Course Title: A  | Assessment/Testin                       | ıg              |
| to condissues | duct the screening and ass<br>and disorders. The practicu               | ne course, the students will be<br>essment of psychological to<br>m of case study will let the<br>on, group, event or commun | ols for examining<br>students learn and | developmenta    |
|               | Credits: 2  |  | Core Compulsory                         |                 |
|               | Max. Marks: 25+75   | Min  | Passing Marks: 1                        | 0+25            |
|               | Total No. of Lectures-  | Tutorials-Practical (in hours per  | week): L-T-P: 0-0-                      | 2               |
| Unit          |   | Topics   | N                                       | No. of Lectures |
| I             | Administration, Scoring a   | nd Interpretation of any anx   | iety test 7                             | (14 hrs)        |
| II            | Administration, Scoring and Interpretation of any test of Depression    |  | of Depression 7                         | (14 hrs)        |
| III           | Administration, Scoring and Interpretation of any test of Intelligence. |  | of Intelligence.                        | (16 hrs)        |
| IV            | Administration, Scoring<br>Neuropsychological test/O                    | and Interpretation of any  | test of any 8                           | (16 hrs)        |
| Suggest       | ed Readings:  |  |   |                 |
| 1.            | Suggestive digital platfo   | rms web links- <a href="http://heecor">http://heecor</a> <a href="http://www.apa">http://www.apa</a>                         |   | Home.aspx       |

This course can be opted by the students who took psychology as a subject

Suggested Continuous Evaluation Methods:

- Presentation of Practical file (15 marks)
- Attendance (10 marks)

Course prerequisites: Only for psychology students

# Semester V

# Paper 1 Theory

| Program/Class: Degree          | Year: Third  | Semester: Five   |
|--------------------------------|--|--|
|                                | Subject: Psychology                                      |  |
| Course Code: A09050            | 1T Course Title  | : Life Span Human Development  |
| the milestones in diverse doma | ins of human developmen<br>e contributions of socio-cult | able to develop an ability to identify<br>ts across the child, adolescent and<br>tural context toward shaping human<br>mental challenges and issues. |
| Credits: 4                     |  | Core Compulsory  |
| Max. Marks: 25+75              | M  | in. Passing Marks: 10+25   |

|      | Total No. of Lectures-Tutorials-Practical (in hours per week): I<br>P: 4-0-0   | L-T-            |
|------|--|-----------------|
| Unit | Topics   | No. of Lectures |
| I    | Human Development: Introduction; Principles of Development; Methods of Studying Human Development.   | 8               |
| II   | Foundations and developmental pattern: Heredity and Environment – Meaning and Effects, Relative Importance of Heredity and Environment, Effects of Maturation and Learning on Development. | 8               |
| Ш    | Prenatal Development: Stages and Determinants; Neonatal Development: Properties Related to Physical Development. Sensory Capacity.   | 8               |
| IV   | Infancy: Physical, Social and Language Development.  | 7               |
| V    | Childhood Development: Cognitive, Emotional and Moral Development.   | 7               |
| VI   | Adolescence: Physical Changes (Puberty and Growth spurts);<br>Development of Identity, Cognitive, Social, Emotional and Moral<br>Development.  | 7               |

| VII  | Early Adulthood: Sex - Role Adjustment, Career Development.  Middle Adulthood: Changes in Mental Abilities, Adapting to Physical Changes. Vocational Life. | 8 |
|------|--|---|
| VIII | Late Adulthood / Old Age: Major Problems of Old Age. Aging and Personal, Social and Family Adjustment. Factor Influencing Adjustment During Aging.         | 7 |

- 1. Berk, L. E. (2010). Child Development (9th ed.). New Delhi: Prentice Hall.
- 2. Berk, L.E. (2017). Development through the Life span (7th ed.). Allyn & Bacon: Pearson.
- 3. Feldman, R.S. & Babu. N. (2011). Discovering the Lifespan. New Delhi: Pearson.
- Misra, G. (2011). Handbook of Psychology in India (Section IV), New Delhi: Oxford University Press.
- 5. Santrock, J. W. (2011). Child Development (13th ed.). New Delhi: McGraw-Hill.
- 6. Santrock, J.W. (2012). Life Span Development (13th ed.). New Delhi: McGraw-Hill.
- Srivastava, A.K. (1997). Child Development: An Indian Perspective. New Delhi: NCERT.
- 8. व्रिपाठी, एल० बी० एवं पाण्डेय, एस० (२००९). मानव विकास का मनोविज्ञान। नई दिल्ली; कान्सेप्ट पब्लिकेशन कम्पनी।
- श्रीवास्तव, रामजी एवं अन्य (2014). आधुनिक विकासात्मक मनोविज्ञान। वाराणसी; मोतीलाल बनारसीदास।
- 10. सिंह, आर0 एनं0 (2011). आधुनिक विकासात्मक मनोविज्ञान। आगरा; अग्रवाल पब्लिकेशन।
- $\textbf{9. Suggestive digital platforms web links-} \underline{\text{http://heecontent.upsdc.gov.in/Home.aspx}}$

http://www.apa.org
This course can be opted as an elective: Open to all

# Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

### Suggested equivalent online courses:

- · Coursera,
- Swayam

Paper 2
Theory

| Program/Class: Degree              | Year: Third   | Semester: Five  |
|------------------------------------|---|---|
|                                    | Subject: Psychology   |   |
| Course Code: A090502               | 2T Course Title   | : Positive Psychology   |
| a considerable amount of attention | n, the use of positive psycho<br>e understanding of positive<br>scriptures like Vedas, Up | sitive psychology that have received<br>logy tools and techniques in own and<br>e aspects of human behavior through<br>onishad, Shrimad Bhagwad |
| Credits: 4                         |   | Core Compulsory   |

|      | Max. Marks: 25+75   | Min. Passing Marks        | : 10+25         |
|------|---|---------------------------|-----------------|
|      | Total No. of Lectures-Tutorials-Practical (   | in hours per week): L-T-P | : 4-0-0         |
| Unit | Topics  |                           | No. of Lectures |
| I    | Positive Psychology: Assumptions and Goal<br>Perspectives on Positive Psychology                                  | als; Eastern and Western  | 7               |
| II   | Positive Emotional State: The Broaden and I Emotions. Concept of Mindfulness.                                     | Build Theory of Positive  | 8               |
| III  | Positive Cognitive States: Definition and Optimism, Self-efficacy, Resilience.                                    | 8                         |                 |
| IV   | Gratitude, Forgiveness, Empathy and Compassion: Meaning and Nature; Cultivation exercises in Positive Psychology. |                           | 8               |
| V    | Self-Awareness: Concept, Techniques to enh  | ance self- awareness.     | 7               |
| VI   | Social Competence: The Value of Social Su<br>in a Fulfilling and Meaningful Life; Love and                        | 8                         |                 |
| VII  | Happiness: Concept and Definition, Perspect<br>Eudemonics and Hedonistic.   | 7                         |                 |
| VIII | Psychological and Subjective Wellbeing: Cor   | ncept, and Components     | 7               |

- 1- Baumgardner, S.R. & Crothers, M.K. (2009). Positive Psychology. Pearson.
- 2- Carr, A. (2004). Positive Psychology: The Science of Happiness and Human Strength U.K.: Routledge.
- 3- Gilman, R., Hubner, E. & Furlong, M.J. (Eds.) (2009). *Handbook of Positive Psychology in Schools*. New York: Routledge.
- 4- Lyubomirsky, Sonja. (2008). The How of Happiness: A Scientific Approach to Getting the Life You Want. The Penguin Press.
- 5- Noddings, N (2003). Happiness in Education, New York, Cambridge Press.
- 6- Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University Press.
- 7- Seligman, M. E. P. (2002). Authentic Happiness. New York: Free Press.
- 8- Synder, C.R. & Lopaz, S.J. (2011). Positive Psychology: The Scientific and practical exploration of Human Strengths. Thousand Oaks, CA: Sage.
- 9- Synder, C. R. & Shane, J.L. (2005). Handbook of Positive Psychology. Oxford University Press.

 $Suggestive\ digital\ platforms\ web\ links-\ \underline{http://heecontent.upsdc.gov.in/Home.aspx}$ 

http://www.apa.org

This course can be opted as an elective: Open to all

# Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks),
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- · Coursera,
- Swayam

# Paper 3 Practical

| Program/Class: Degree | Year: Third         | Semester: Five          |
|-----------------------|---------------------|-------------------------|
|                       | Subject: Psychology |                         |
| Course Code: A090503F | Course              | Title: Lab Work/Survey/ |
|                       |                     | Field Visit             |

**Course Outcome**: After completing this practicum, the student will have an understanding about how to frame research objectives and questions, plan, decide and execute appropriate methods of research, data analysis, interpretation and discussion of the findings.

|      | Credits: 2   | Core Compulso  | ry              |
|------|--|--|-----------------|
|      | Max. Marks: 25+75  | Min. Passing Marks:  | 10+25           |
|      | Total No. of Lectures-Tutorials-l  | Practical (in hours per week): L-T-P: 0-   | 0-2             |
| Unit | Тор  |  | No. of Lectures |
| I    | on the subjective knowledge of psy   | belect a variable and formulate a questionnaire of 15 to 25 items based on the subjective knowledge of psychology and current syllabus. This uestionnaire can be further used for the survey/ research/ field study. |                 |
| П    | Conduct a survey research. For Example; meaning of life/happiness index/positive and Negative Affect/life satisfaction/optimism/well-being etc. (10-12 students group can be formed) |  | 10 (20 hrs)     |
| Ш    | Conduct a field study on anyone<br>Analyze the data and report (10-12  |  | 10 (20 hrs)     |

# Suggested Readings:

 ${\it 1. Suggestive \ digital \ platforms \ web \ links-} \ {\it http://heecontent.upsdc.gov.in/Home.aspx}$   ${\it http://www.apa.org}$ 

This course can be opted by the students who took psychology as a subject

Suggested Continuous Evaluation Methods:

- Presentation of Practical file (20 Marks)
- Attendance (5 Marks)

Course prerequisites: Only for psychology students

# Paper 4 Research Project

| Pro   | gram/Class: Degree   | Year: Third   | Semester:                                  | Five               |
|---|--|---|--|--------------------|
|   |  | Subject: Psychology   |  |                    |
| Course Code: A090504R Course Title: Problem Ider  Research Proposal V |  | e: Problem Identifica<br>arch Proposal Writin               |  |                    |
| underst   | tanding about carrying out   | research project, how to france appropriate methods of rese | dent will have a conne research objectives | nprehensive<br>and |
|   | Credits: 3   |   | Core Compulsory                            |                    |
|   | Max. Marks: 25+75  | N   | fin. Passing Marks:                        |                    |
| Unit  | Topics   |   | No. 0                                      | of Lectures        |
| I   | Visit to any community of the surrounding and identification of problems, issues, good practices, skills, community services etc.  For example- Health Services, Women Self Help Groups, NGOs, Banks, Organizations, Industries, Villages, Panchayat etc. (10-12 students group can be formed)   |   |  | (40 hrs.)          |
| П   | Based on the field visit observations and experiences, each student will write a research proposal in this semester.  The research proposal is an important process in providing a clear statement of the problem, a review of literature, how the literature relates to the proposed study, formal research questions and hypotheses, a full methods section, and the data analysis you intend to conduct.  The student will work in groups in completing the project, but will write the proposal and final paper individually.  Each student will be evaluated on diligence in writing the research |   | the literature uestions and is you intend  | (50 hrs.)          |

proposal as per APA guidelines.

# **Suggested Readings:**

 ${\hbox{$2$. Suggestive digital platforms web links-$$ $\underline{$http://heecontent.upsdc.gov.in/Home.aspx}$ $\underline{$http://www.apa.org}$ }$ 

This course can be opted by the students who took psychology as a subject

Suggested Continuous Evaluation Methods:

- PPT Presentation of experiences of observed unit and research proposal (20 Marks)
- Attendance (5 Marks)

Course prerequisites: Only for psychology students

# Semester VI

#### Paper 1

#### Theory

| Program/Class: Degree | Year: Third             | Semester: Six        |
|-----------------------|-------------------------|----------------------|
|                       | Subject: Psychology     |                      |
| Course Code: A090601  | Course Title Psychology | Community and Health |

Course Outcome: At the end of the course the student will be able to recognize that individuals relate to their communities and the reciprocal effect of communities on individuals and will be able to understand and resolve community issues, analyze the data, and recommend interventions that promote community wellness. Moreover, they will able to use the psychological theories on health-related practices and will able to examine persons' health history and describe and enact a positive, proactive attitude toward healthy living for oneself and others.

|      | Credits: 4 Core Compuls   |  | ory             |
|------|---|--|-----------------|
|      | Max. Marks: 25+75   | Min. Passing Marks                         | : 10+25         |
|      | Total No. of Lectures-Tutorials-Prac  | etical (in hours per week): L-T-P: 4       | -0-0            |
| Unit | Topics  |  | No. of Lectures |
| I    | Community Psychology: Meaning and Nature, Fields of<br>Community Psychology   |  | 7               |
| II   | Approaches of Community Psycholo<br>Social Problems approach  | 8  |                 |
| Ш    | Community Intervention Issues:<br>Deprivation; Marginalization; Migrati<br>Superstitions in Indian society.           | 8  |                 |
| IV   | Community Interventions: Community Discrimination and Power Issues rela Intervention; Rural development Interv        | 7  |                 |
| V    | Health Psychology: Nature, Develop<br>Psychology; Biopsychosocial Model of  | 6  |                 |
| VI   | Health Behavior: Health Compromisin<br>Behaviors; Theories of Health Behavior<br>Planned Behavior and Reasoned Action | 8  |                 |
| VII  | Stress and Health: Meaning, Na<br>Stress appraisal; Coping strategies of S  | 8  |                 |
| VIII | Mental Health: Definition and Determin<br>Health: Psychoanalytic, Behavioristic a                                     | nants; Approaches to Mental nd Humanistic. | 8               |

- Dalal, A.K. (2016). Cultural Psychology of Health in India: Well-being, Medicine and Traditional Health Care. New Delhi: Sage Publications India Pvt. Ltd.
- Dalal, A.K. (2015). Heath Beliefs and Coping with Chronic Diseases. New Delhi: Sage Publications India Pvt. Ltd.
- 3. Ghosh, Manika (2015). Health Psychology: Concepts in Health and Well-being. New

Delhi: Pearson.

- Kloos, B., Hill, J., Thomas, E., Wandersman, Elias, M. J., & Dalton, J.H. (2012). Community Psychology: Linking Individuals and Communities. Wadsworth, Cengage Learning.
- Marks, D. F. Murray, M. Evans, B. & Willing, C. (2000). Health Psychology: Theoretical, Research and Application. New Delhi: Concept.
- Misra, G. (1999). Psychological perspectives on stress and health, New Delhi: Concept Publishing Company.
- Schneider, F.W., Gruman, A., Coults, L.M. (Eds.). (2012). Applied Social Psychology: Understanding and addressing Social and Practical Problems. New Delhi: Sage publication.
- Sarafino, E.P. & Smith, T.W. (2012). Health Psychology: Biopsychosocial Interaction. (7<sup>th</sup> ed.). U.K.: John Wiley & Sons.
- 9. Taylor, S.E. (2013). Health Psychology. New Delhi: McGraw-Hill Education Pvt. Ltd.
- 10. Suggestive digital platforms web links- <a href="http://heecontent.upsdc.gov.in/Home.aspx">http://heecontent.upsdc.gov.in/Home.aspx</a>
  <a href="http://www.apa.org">http://www.apa.org</a>

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Paper 2

Theory

| Program/Class: Degree |   | Year: Third                                       | Semester: Six              |
|-----------------------|---|---|----------------------------|
| -20                   |   | Subject: Psychology                               |                            |
|                       | Course Code: A0906027   | Course Title: Co                                  | ounseling Psychology       |
|                       | Outcome: At the end of the and use various approaches   | paper, students will able to un<br>in counseling. | nderstand how to establish |
|                       | Credits: 4  | (   | Core Compulsory            |
|                       | Max. Marks: 25+75   | Min. J  | Passing Marks: 10+25       |
|                       | Total No. of Lectures-  | Tutorials-Practical (in hours per                 | week): L-T-P: 4-0-0        |
| Unit                  |   | Topics  | No. of Lectures            |
| I                     | Counseling: Meaning, Goals; Types of Counseling.  |   | 7                          |
| П                     | Counseling Processes: Phases of Counseling, Counseling Interview; Counseling Skills of Counselor.   |   | Counseling 7               |
| Ш                     | Approaches of Couns<br>of Psychoanalytic (Freudi<br>Centered and Gestalt), and<br>Cognitive).   |   |                            |
| IV                    | Evaluation of Counseling: Criteria of Evaluation, Approaches to Evaluation of Counseling – Survey, Case Study and Experimental. Measures of Quality Evaluation. |   |                            |
| V                     | Counseling in Schools and Career Counseling: Assumptions and Procedures.  |   | mptions and 7              |
| VI                    | Group Counseling: Marriage and Family Counseling.   |   | 8                          |
| VII                   | Counseling for Substance-   | abuse, Child Abuse: An Introd                     | duction 8                  |
| VIII                  | Counseling Ethics   |   |                            |

- 1. Edward, N. (2011). Counseling Theory and Practice. Cengage Learning.
- 2. Gelso, C. J. & Pretz, B.R. (1995). Counseling Psychology. Bangalore: Prism Books Pvt.
- 3. Gibson, R. L. & Mitchell, M.H. (2005). Introduction to Counseling and Guidance (6th

Ed.) Pearson Education.

- 4. Kapur, Malavika (2011). Counseling Children with Psychological Problems. Pearson Publications.
- 5. Nelson-Jones, R. (2011). *Theory and Practice of Counseling & Therapy*. New Delhi: sage South Asia Edition.
- 6. Patri, V. R. (2008). Counseling Psychology. New Delhi: Authors Press.
- 7. राय, ए० एवं अस्थाना, एम० (२००३). आधुनिक परामर्शन मनोविज्ञान। नई दिल्ली; मोतीलाल बनारसीदास।
- 8. Rao, S. N. (1991). Counseling and Guidance. New Delhi: Tata McGraw-Hill.
- Woolfe, R., Dryden, W. & Strawbridge, S. (2003). Handbook of Counseling Psychology (2<sup>nd</sup>ed.). London: Sage Publication Ltd.

This course can be opted as an elective: Open to all

Suggested Continuous Evaluation Methods:

- Assignment/ Seminar (10 Marks)
- Written Test (10 Marks)
- Attendance (5 Marks)

Course prerequisites: Open to All

Suggested equivalent online courses:

- · Coursera,
- Swayam

# Paper 3

### Practical

| Program/Class: Degree | Year: Third | Semester: Six |
|-----------------------|-------------|---------------|
|                       |             |               |

|  | Sub  | ject: Psychology   |                 |  |
|--|--|--|-----------------|--|
| Course Code: A090603R Course Title: Survey/Field Vis |  |  | sit             |  |
| how to   |  | oracticum, the student will have an un<br>tions, plan, decide and execute appro<br>discussion of the findings. | _               |  |
|  | Credits: 2   | Core Compulso  | огу             |  |
|  | Max. Marks: 25+75 Min. Passing Marks:  |  | 10+25           |  |
|  | Total No. of Lectures-Tutorials  | s-Practical (in hours per week): L-T-P: 0-   | -0-2            |  |
| Unit   | Topics   |  | No. of Lectures |  |
| I  | Field Visit to any Community Center/Social Service Center/ School and submit a report (10-12 students group can be formed) |  | 15 (30 hrs.)    |  |
| II   | Conduct a survey on any Health Related issues and submit the report (10-12 students group can be formed)                   |  | 15 (30 hrs.)    |  |
| This co  | urse can be opted by the students w  | ho took psychology as a subject  |                 |  |
| • ]  | Presentation of Practical file (20 Ma<br>Attendance (5 Marks)  |  |                 |  |

# Paper 4

# Research Project

| Program/Class: Degree | Year: Third        | Semester: Six  |
|-----------------------|--------------------|--|
|                       | Subject: Psycholog | sy ·   |
| Course Code: A090604  | R                  | Course Title: Research Project   |
|                       |                    | effect on, review the scientific basis for,<br>s a psychology student and will prepare |

to explore the cultural, social, and ethical impact of psychological application on community and daily life.

| Credits: 3 Core Compulsor |   | огу                             |                 |
|---------------------------|---|---------------------------------|-----------------|
|                           | Max. Marks: 25+75   | Min. Passing Ma                 | rks:            |
| Unit                      | Topics  |                                 | No. of Lectures |
| I                         | Based on the field visit observations and experiences, the learner get in Semester V, plan to visit to identified unit, organization, community etc. to get an understanding of the same and do data collection either through questionnaire, or interview or with the help of audio-visual medium based on the identified research problems/ issues. |                                 | 25(50 hrs.)     |
|                           | Analyze the data and submit a detailed.  The student will work in groups in committee the final paper individually.  Each student will be evaluated on dilliproject as per APA guidelines.  | ompleting the project, but will | 20(40 hrs.)     |

# Suggested Readings:

 $1. \begin{tabular}{ll} Suggestive digital platforms web links-$$ $\underline{$http://heecontent.upsdc.gov.in/Home.aspx}$ \\ $\underline{$http://www.apa.org}$ \\ \end{tabular}$ 

This course can be opted by the students who took psychology as a subject

Suggested Continuous Evaluation Methods:

- Making of short film or presentation of observed unit (20 Marks)
- Attendance (5 Marks)

Course prerequisites: Only for psychology students

Dr. Fahmeeda Zaidi

Associate Professor,

Department of Psychology,

S.N.P.G. College,

Azamgarh

Date: 22/05/2021

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M. In which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

and a second

Convenor of BOS, Psychology

Dr. A. K. Srivastava Distinguished Professor Department of Psychology



BANARAS HINDU UNIVERSITY VARANASI-221005 (INDIA) Mobile: 9415284258

Sate: 23.5-2021

76,
7he Convents,
Board of Studies (Psychology)
18.18 S. Purvanehal University
Jaunpur.

Madam,

meetings of the Board of Studies (PSE) held on May, 72, 2021 at 500pm to discuss and approve the New Syllabus for U.S. - Asochology to be followed from academic session 2021-22.

The new syllabus now extensively discussed and oniner modifications were made an the suggestions of the members of the 1805. I fully agree with modifications made in the new syllabus, and recommend for its implementation from the audence-session 2021-22

ar Enrely

# डा. अरुण कुमार जायसवाल Dr. Arun Kumar Jaiswal.

Former Professor,
Department of Psychology,
Mahatma Gandhi Kashi Vidyapeeth,
Varanasi, 221002, Uttar Pradesh
INDIA
E-mail - arunjais@gmail.com
Mobile - 9415685860

पूर्व आचार्य, मनोविज्ञान विभाग महात्मा गांधी काशी विद्यापीठ वाराणसी 221002, उ. प्र., भारत ई मेल —<u>arunjais@gmail.com</u> दूरभाष — 9415685860

Date: 22-05-2021

To,
Dr. Fahmeeda Zaidi
Convenor
Board of Studies (Psychology)
V.B.S. Purvanchal University

Respected Madam,

This in reference your letter dated 22-05-2021 regarding Google meet of Board of studies (Psychology) held at 5.00 pm on 22-05-2021.

I hereby agree with the discussions and modifications in the syllabus of Psychology for undergraduate course as per rules and regulations of the new education policy.

Thanking you,

Sincerely yours

Dr. Arun Kumar Jaiswal

Former Professor,

Mahatma Gandhi Kashi Vidyapith

Varanasi 221005

Name Dr. Maya Singh

Designation Sr. Assistant Professor Psychology Dept.

Date: 22/05/21

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M. In which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

mil

Internal / External member of BOS, Psychology

Dr. Rajendra Prasad Gupta Assistant Professor Department of Psycholgy T. D. P. G. College, Jaunpur

Date: 23/05/2021

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M. In which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

Polyta

Internal member of BOS, Psychology

Name...Yogesh Chandra

Designation: Assistant Professor (Psychology) TDPG College Jaunpur

Date: 22/05/2021

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M. In which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

Jogesh chandira

Internal / External member of BOS, Psychology

Sarita Rani

Associate Professor, Head, Department of Psychology,

Handia P.G. College, Handia, Prayagraj

Email: saritarani11email@gmail.com

Mobile: 9793918937

Date: 23.05.2021

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M., in which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

Internal member of BOS, Psychology

Name Dr. Ram Nagina Singh Yadav

Designation Associate Professor. SSPG College, Ghazipur

Date: 23.05.2021

To,

V. C. / Registrar

Veer Bahadur Singh Purvanchal University

Jaunpur

Regarding modification/ change in the Under Graduate syllabus, proposed by government for common minimum syllabus for all U. P. State Universities / Colleges under NEP 2020, BOS (Psychology) meeting was held on 22/05/2021 at 5:00 P. M. In which partial modifications / changes were made in the syllabus with the consent of all the members as per rules and regulations of the NEP 2020. I agree with the modification/ change of syllabus made in the online meeting.

Sincerely

6 migory

Internal ✓ / External member of BOS, Psychology

सूचना

माननीय कुलपित महोदया की अध्यक्षता में दिनांक 17/05/2021 को आहूत (Online-Zoom) बैठक में प्राप्त निर्देश के आलोक में आज दिनांक 22/05/2021 को सायं 5 बजे, अध्ययन परिषद (BOS) की बैठक (online-google meet के माध्यम से) आहूत की गई है, जिसमें NEP – 2020 के संदर्भ में शासन द्वारा प्रस्तावित न्यूनतम समान पाठ्यकम (मनोविज्ञान) में संशोधन/परिवर्तन सम्बन्धी निर्णय लिया जाना है ताकि सव – 2021–22 से इसे लागू किया जा सके। सभी माननीय सदस्यो की उपस्थित अपेक्षित है।

आनलाईन बैठक के लिए कृपया दिये गये लिंक के माध्यम से जुड़ें:

meet.google.com/pmf-ddxm-uqg
Or open Meet and enter this code: pmf-ddxm-uqg

संयोजक अध्ययन परिषद (मनोविज्ञान) वीर बहादुर सिंह पूर्वान्चल विश्वविद्यालय जौनपुर